

Aboriginal people in central Australia have managed their country for at least 60,000 years. Prior to colonisation, small family groups had the responsibility to look after particular sections of country. They cared for sacred sites, burnt country, harvested bush foods and cultivated bush medicines. Post-colonial Aboriginal land management was supported by the *Aboriginal Land Rights Act (Northern Territory) 1976* which resulted in the return of significant amounts of land to traditional owner groups. The Central Land Council (CLC) set up its first Aboriginal ranger group in 2000 and, four years later, negotiated the joint management of 20 NT national parks across the CLC region by their traditional owners and the NT. In 2018, the CLC's 12 Aboriginal ranger groups employed 76 men and 29 women to manage feral animals, weeds and fires under the guidance of traditional owners. They also protect native plants and animals and important sites. In central Australia, Aboriginal rangers work on Aboriginal land including four Indigenous protected areas (IPA), on pastoral stations and in national parks.

## Ranger work benefits: building an evidence base

Aboriginal rangers, their communities and the CLC believe the benefits of their work extends far beyond the obvious environmental outcomes. Ranger employment also creates significant social, cultural and economic benefits.

In 2017, the CLC partnered with independent research groups to test the scientific evidence for these claims. The National Centre for Epidemiology and Population at the Australian National University (ANU) undertook an epidemiological study of rangers (epidemiological study), while two anthropologists with extensive experience in central Australia qualitatively evaluated the program's progress and opportunities for improvement (qualitative evaluation).



## The epidemiological study

The researchers developed a survey instrument in partnership with rangers and other CLC staff and used it to collect data from the rangers and a comparison group of Aboriginal people from central Australia. The rangers also participated in follow up discussions of the findings with the researchers and jointly presented them in 2018 at at a seminar at the Australian National University in Canberra.

## The qualitative evaluation

Two anthropologists worked with the rangers to develop and implement participatory research methods that enabled many rangers to take part, regardless of their literacy and numeracy. Six of the CLC's 12 ranger groups (a total of 30 rangers) and 12 community members and traditional owners participated in workshops and semi-structured interviews. The CLC and the Indigenous Land Corporation (ILC) funded the research.

This brochure is a summary of what we learned.

Finding: rangers have higher levels of wellbeing

The epidemiological study found that ranger work is linked to higher family wellbeing and life satisfaction. These positive links were significant even after taking peoples' education, income, employment, health risk factors and health conditions into account. The findings indicate that health and wellbeing benefits are likely to be independent of the employment and income benefits associated with ranger employment.

In the qualitative evaluation, rangers responded positively to interview questions about their purpose, self-worth, value and feelings. This is significant given the considerable social, economic and cultural stresses that many Aboriginal people and their families report. Further, it challenges the dominant world view that sees Aboriginal communities as problematic, dysfunctional and hopeless.¹ In workshops rangers said that their work was the source of pride, self-respect, identity and belonging, and happiness.

**Emotional** 

motivators

Identity/

Tanami IPA.

"We have to have a job. We do this for our family and children to come. Being a ranger connects us to our family and our land. We have to ask family, the traditional owners, 'Which way to go? What shall we do?' This makes connections to those people. This is a main part of our ranger work." Obed Ratara, 2nd generation ranger, Tjuwanpa Rangers, Ntaria<sup>1</sup> Donald Robbo prepares for an aerial incendiary operation near Highland Rocks in the Southern

# Finding: rangers like to learn from traditional owners

The work that rangers most frequently said they preferred is managing country with elders teaching them. Jones et al. (2018) suggest that this learning and cultural participation at least partially explains the higher wellbeing outcomes observed in the study's ranger cohort.<sup>2</sup>

Rangers must build on their relationships with elders to develop their work. These relationships underpin the transfer of cultural knowledge and lead to effective land management; for example, rangers assist traditional owners to locate, clean and burn areas around sacred sites. Rangers stated that it is good to know where sacred sites are so that they do not accidently trespass.<sup>1</sup>

"When we go out bush, old people and old ladies tell rangers, 'This is my dreaming and my jukurrpa'. It is important for us to learn that or we might end up on another people's sacred site or country. Other reasons it is important to learn that one is because you have to tell everyone next time where their country is."

Nelson Tex Japaljarri, Warlpiri Rangers, Yuendumu<sup>1</sup>

Dereck Weston and Muru-warinyi Ankkul (Tennant Creek) ranger Jeffrey Foster discuss the location of a controlled burn on the Karlantijpa North ALT.



"We are doing this work for our ancestors. They are keeping us strong in country, through their knowledge and their way of life. It makes me strong when I use our law."

Murnkurrumurnkurru ranger, Daguragu¹

#### THE BENEFITS OF RANGER WORK

# Finding: rangers use cultural knowledge and keep it strong

The epidemiological study and the qualitative evaluation found that rangers learn and apply cultural knowledge, therefore maintaining and strengthening such knowledge. Traditional owners play an important role in directing ranger activities.

The epidemiological study asked rangers what they liked about their work. The most dominant responses, by far, were learning and using cultural knowledge. Rangers also reported higher levels of cultural participation, expression and knowledge than a non-ranger control cohort. Rangers were more likely than the control group to report that they knew their dreaming; take part in ceremony and community decision making; know their mob; and live on or visit their country.<sup>3</sup>

Almost all ranger participants in the qualitative evaluation reported that the most important aspect of their work was using cultural knowledge (the technical and practical knowledge needed to manage land and people).¹ Currently, all cultural learning occurs outside of formal education and training. The evaluation encouraged the CLC to consider greater recognition of this knowledge transfer in the professional development activities and training of its rangers.



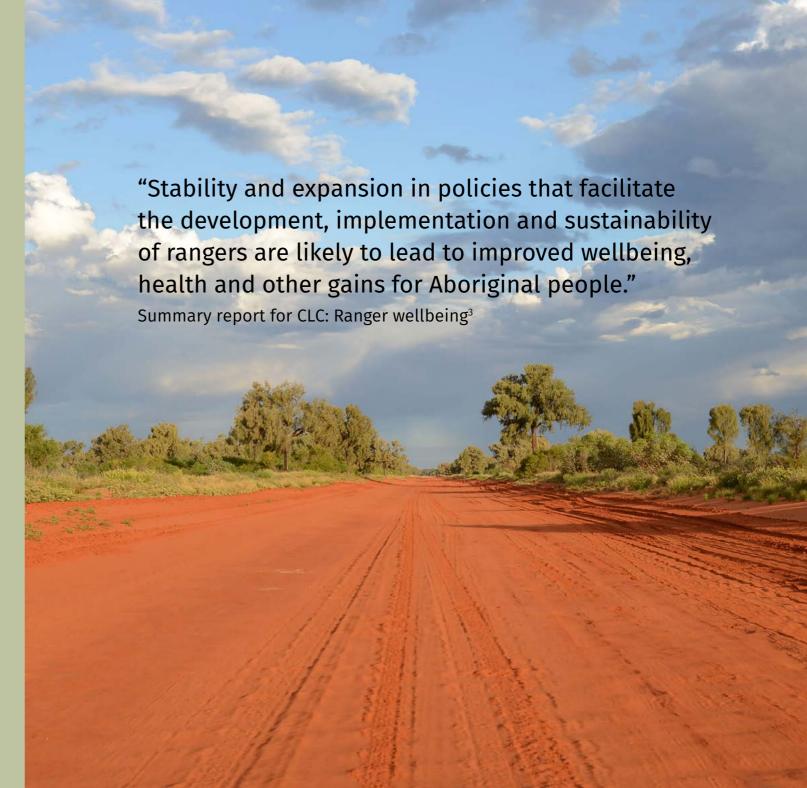






## Finding: ranger work is linked to feeling healthier

Ranger work is often physically demanding. The epidemiological study found that self-reported health was better in rangers compared to non-rangers (despite some chronic conditions being higher in the ranger group), although no significant associations were identified. The surveys also revealed that many rangers had one or more health risk factors and/or chronic conditions. Managing these is critical to building a stronger and healthier workforce and positive outcomes. If the research can continue longitudinally, researchers will be able to better measure and understand the relationship with health outcomes.



## Finding: rangers are better off

CLC rangers are employed in fulltime, parttime and casual positions. The number of hours worked varies depending on each ranger group's work program. The epidemiological study found that rangers were less likely to report financial hardship for themselves and their families than the control group of non-rangers.<sup>3</sup>

However, rangers ranked financial and economic benefits last in their qualitative evaluation, and placed social and communal benefits higher.¹ Some rangers reported flow-on benefits of income, such as supporting extended family. This finding suggests that the work has more than just financial rewards for rangers.

"Sometimes I share money with my brothers and cousins so they can get food. They might pay me back. They are satisfied, I'm satisfied, everyone is satisfied."

Ltyentye Apurte ranger, Ltyentye Apurte<sup>1</sup>

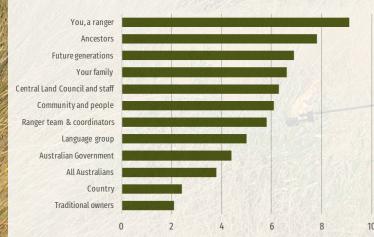




### Conclusion

The epidemiological study and the qualitative evaluation researched the many benefits

Aboriginal individuals, families and their communities derive from the CLC's ranger program. Ranger work generates significant wellbeing for individuals and their families, increased income, and supports community activity across the CLC region. It supports the learning and use of cultural knowledge which is important to many Aboriginal lives in central Australia. The research was conducted in 2017. If the CLC continues to build on these findings, a fuller picture of the benefits of ranger work will emerge over time. The CLC will continue to conduct robust and rigorous monitoring and evaluation of its ranger program.



How rangers rank the benefits of ranger work<sup>1</sup>

#### References

- 1. Walsh, F & Holmes, M 2017, 'Good things that come to us': Benefits and challenges of the CLC Ranger Program for the view of Aboriginal Rangers, report for the Central Land Council and Indigenous Land Corporation, 2017.
- 2. Jones, R, Thurber, KA, Wright, A, Chapman, J, Donohoe, P, Davis, V & Lovett, R 2018, 'Associations between participation in a ranger program and health and wellbeing outcomes among Aboriginal and Torres Strait Islander people in Central Australia: A proof of concept study', International Journal of Environmental Research and Public Health, 15, p. 1478.
- 3. Lovett, R, Jones, R, Wright, A & Thurber, KA 2017, 'Summary report for CLC: Ranger wellbeing', National Centre for Epidemiology and Population Health, Australian National

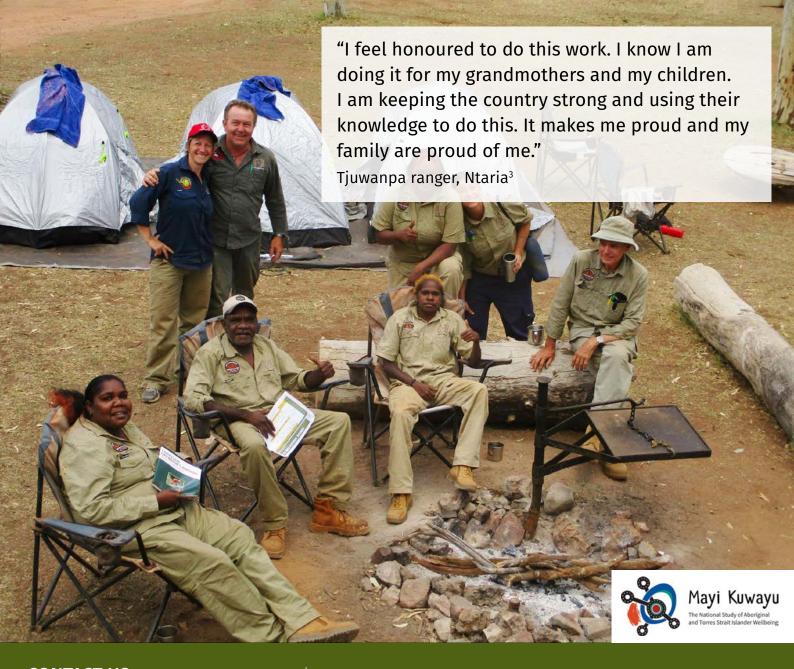
## Planning for the future

 Increase the number of ranger groups, particularly in regions and communities where there currently are none.

The CLC's newest ranger group, Mutitjulu community's Tiakura Rangers with CLC chair Francis Kelly (right).

- Initiate a junior ranger program to support visits to country and knowledge transfer to school children.
- Increase the opportunities for transferring knowledge between traditional owners and rangers, for example, through professional development activities during the CLC's annual ranger camps.

- Strengthen ranger engagement with traditional owners.
- Improve on-the-job learning and training to ensure skills are exchanged within each ranger group.
- Increase the number and proportion of women rangers.
- Maintain and expand country-focused cultural learning through bush trips.



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The CLC ranger program is proudly funded by the Australian government through the Department of the Prime Minister and Cabinet and the Indigenous Land Corporation. This funding has enabled many Aboriginal people to enjoy a regular income and professional development and realise their career aspirations for the first time in their lives.